



City of Yonkers
Department of Parks, Recreation & Conservation
285 Nepperhan Avenue
Yonkers, New York 10701



Winter/Spring 2015
COMMUNITY RECREATION

www.yonkersNY.gov
register.communitypass.net/yonkers



Mayor Mike Spano

CITY OF YONKERS

YonkersNY.gov

Dear Resident:

There is something for everyone to do in Yonkers during each season, including winter. And while it may be cold outside, our Parks Department has great programs to keep you and your family active and healthy all season long.

Ice skating at Yonkers' E.J. Murray Memorial Skating Center is a winter must-do for City residents. The rink, located at 348 Tuckahoe Road, offers daily public skating sessions, adult and youth hockey, speed skating and lessons for all ages. The Skating Center is also a great place to celebrate a birthday or special event.

Winter aquatics classes allow Yonkers residents to swim year-round. The Parks Department offers classes for families, adults, seniors, teens and young children at the Mark Twain and Yonkers Avenue pools. The City's Yonkers Tsunami Swim Team offers children ages 5 to 18 the opportunity to participate in competitive swim meets.

If you visit one of our 76 City Parks and Playgrounds this winter, I encourage you to participate in our Leave No Trace initiative. The concept is simple: take out what you bring in to our parks. From trash to recycling to hot cocoa cups, please leave no trace.

If you ever have a question or concern, please do not hesitate to call my 24-hour helpline at 914-377-HELP (4357) or email me at mayor@yonkersNY.gov. For the latest news and updates, follow us on Twitter or Facebook.

Sincerely,

MIKE SPANO
Mayor

www.yonkersNY.gov

-  [CityOfYonkers](https://www.facebook.com/CityOfYonkers)
-  [@CityOfYonkers](https://twitter.com/CityOfYonkers)
[@MayorMikeSpano](https://twitter.com/MayorMikeSpano)
-  [MayorMikeSpano](https://www.instagram.com/MayorMikeSpano)
-  [The Mayor's Blog](#)

Be Part of YONKERS THIS WINTER



SKATING CENTER

Did you know that the Yonkers' Parks Department operates a skating rink? Whether you are a first-time skater or seasoned pro, there is something for everyone at the E.J. Murray Memorial Skating Center.

AQUATICS

From swimming lessons for all ages to competitive swimming meets, you can swim year-round at the Mark Twain and Yonkers Avenue pools.



KNOW YOUR RESPONSIBILITIES

Help us keep our city safe this winter. As a property owner, renter or business owner, you are responsible for keeping your sidewalks clear of litter, debris, high grass, snow and ice.

General Information

City of Yonkers Department of Parks, Recreation and Conservation
285 Nepperhan Avenue, Yonkers NY 10701
Monday- Friday 8:30 am to 4:30 pm, 914-377-6450

REGISTRATION: Registration is on a first-come, first-served basis until programs are full. MAIL-IN REGISTRATION IS NOT ACCEPTED.

ONLINE REGISTRATION: The best way to maximize your chance of securing a spot in any program is to register online as soon as registration begins. You can make online payments using Visa, Master Card or a Discover Card.

WALK-IN REGISTRATION: Walk-in registration takes place the day after online registration. If you do not have computer access, in-person registration will take place at 285 Nepperhan Avenue, starting at 9:00 am. Please note that some classes will be full prior to 9:00 am. You can make payment using check, cash, money order, Master Card, Visa or a Discover Card.

AGE REQUIREMENTS: Age is determined as of the date of the first class unless otherwise specified. Example: An adult class is for ages 18 years and older. No one under 18 is permitted to participate in or attend an adult class.

ABSENCES: Classes are not made up due to a participant's personal absence. Classes cancelled to inclement weather will be rescheduled. We reserve the right to reschedule classes on an as-needed basis.

REFUND POLICY: Full refunds will be issued for any program cancelled by the Department of Parks, Recreation and Conservation (Parks). Full refunds will be issued for a medical reason before a program begins when accompanied by a doctor's note. After a program begins, a pro-rated refund will be issued based on the number of sessions attended, when accompanied by a doctor's note. The Parks Department will grant a refund request if received at least ten (10) business days before the program's first session. Refunds for trips will not be granted unless the spot can be filled from the waiting list. Ten dollars (\$10) or ten percent (10%) of the fee, whichever is higher, will be charged for processing refunds that are approved. No processing fee will be charged if the Parks Department cancels the program or if the participant provides a doctor's note when withdrawing for a medical reason. Please allow several weeks for processing refunds.

PAYMENT PROBLEMS: Bounced checks and credit card charge cancellations will carry a \$35 processing fee.

INCLEMENT WEATHER: The best way to receive quick and accurate information about program cancellations is to call the Parks Department Hotline at 377-6454 or listen to WFAS.

SINCERE APPRECIATION: We would like to thank the Yonkers Public Schools for the use of their facilities and appreciate the efforts of their principals, teachers, secretaries, and custodians.

SPECIALISTS NEEDED: If you have a special skill and would like to teach a class for the Parks Department, please call 377-6450, Monday - Friday, 8:30 am to 4:30 pm.

PROGRAM BEHAVIOR: Participants are expected to exhibit appropriate behavior at all times. The following rules make programs safe and enjoyable for everyone. Participants shall show respect to all participants and staff. Refrain from using foul language. Refrain from causing bodily harm to other participants or staff. Show respect for equipment, supplies and facilities. The City of Yonkers reserves the right to remove anyone from our programs.

CITY OF YONKERS

Mayor Mike Spano

CITY COUNCIL

Liam McLaughlin

President

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Corazon Pineda 2nd District	Mike Breen 5th District
Michael Sabatino 3rd District	John Larkin 6th District

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Lisa McKay Harris Frank Cardone

Andrea Velazquez Marian Marji

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Assistant Rink Manager, Patricia Urban

YONKERS ANIMAL SHELTER

Animal Control Officer

Almira Simpson

Deputy Animal Control Officer

Marcos Segarra

COYNE PARK RIFLE RANGE

Range Officer, Christopher Rotolo





register.communitypass.net/yonkers

ONLINE REGISTRATION BEGINS:

- Pre-K Recreation
- Youth Recreation
- Teen Recreation
- Adult Recreation

**Tuesday, January 6
at 8:00 pm**

- **Project Friendship:** To register call 377-6438 for an appointment.
- Registration is not required to attend the Teen Recreation Centers.
- Registration for Senior Citizen Centers and Senior Specialist Classes is on-going and on a walk-in basis.

ONLINE REGISTRATION

Community Pass Registration Service

Register yourself or your entire family for recreation programs around the clock.

Requirements

You must pay with a Visa, Master Card or a Discover Card, and need a valid email address.

Setting up an Account

Go to <https://register.communitypass.net/yonkers>

Click on: "Create an Account for Your Family Now" and complete the account form.

To add more family members click on:

"Update Your Family Information." At the top of the next page click either "Add Another Child" or "Add Another Adult."

After you have added your family members, click "Home." You will receive an email that contains your log-in info.

ON REGISTRATION DAY

- Step 1** Go to <https://register.communitypass.net/yonkers>
Log in using your user name and password. Select the activity and click on "Register Now."
- Step 2** On the next page update any information for the primary contact and/or click "Continue."
- Step 3** On the next page select the "Group" at left. You can view full information about a program by clicking on the name of the program that appears above the "Register" button or register immediately by clicking on the "Register" button.
- Step 4** On the "Choose Participant" page, click the box next to the person/persons you are registering, then click "Continue."
- Step 5** On the "Registration Forms" page, enter the required information and then click "Continue."
- Step 6** If finished, click on the "Continue to Checkout" button and follow the remaining instructions to complete and pay for your registration. If you are not finished, click on "Continue Registering."

Confirmation will be sent via e-mail receipt.

How to Avoid Cancellations

Please register in advance to avoid program cancellations. Certain numbers must be achieved in order for a program to move forward. Every effort will be made to avoid cancelling a program, however, if this does occur, an announcement will be made in advance of the first meeting date.

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Andrea Velazquez 377-6439

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David Antonelli 377-6443

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RIFLE & PISTOL RANGE

377-6488

E.J. MURRAY MEMORIAL

SKATING CENTER

377-6469

YONKERS PARKS

DEPARTMENT

377-6450

Brochure Updates

Check this page for changes/corrections to previous versions of this brochure.

JFK Marina - Annual and Daily Permits

Now available online

Season begins March 2015 till October 2015

The John F. Kennedy Marina is located off Warburton Avenue at John F. Kennedy Memorial Drive. Boat launching is available from dawn to dusk, seven days a week for an Annual Fee of \$50 for Canoe/Kayak, \$150 for Jet Ski, and \$200 for Motorized Boat. You can obtain an annual permit. We also have day passes for the rental of the following: \$10 for Canoe/Kayak, \$20 for Jet Ski and \$30 for motorized boats or watercrafts.

Visit our website <https://register.communitypass.net/reg/login>

Special Events



Yonkers Philharmonic Orchestra

sponsored by the Fine Arts Orchestral Society of Yonkers

Free Concerts at 3:00 pm

Saunders High School

183 Palmer Road

Sundays: February 8, March 22, and May 17

2015 Yonkers Idol Search

Auditions

Applications Required

Saturday, February 28

Nodine Hill Community Center

140 Fillmore Street

Show

Saturday, May 9

Location to be announced

Call 377-6444 for more information

Senior Citizen Spring Dance

Thursday, April 2

11:30 am - 3:30 pm

Location To Be Announced

Theme: Luau

Free admission, oldies music and door prizes.



Call 377-6444 for more information

Mayor's Basketball Tournament



Application available: December 1, 2014

Deadline for rosters: January 26, 2015

Tournament: February 16-20, 2015

Yonkers PAL

Girls & Boys, 15 years of age and younger

Pre-Registration Required

Free Admission

Call 377-6441 for more information

Special Events

Spring Track Races

Boys & Girls, Ages 4-14
Saturdays & Sundays,
starting in April and May at 8:30 am
Lincoln High School & War Memorial Field.
Call 377-6441 for schedule.



Mike Spano, Mayor
Yonkers Department of Parks, Recreation and Conservation
and the Yonkers Police Athletic League

Easter Egg Hunt

Saturday, April 4, 2015

Redmond Field — Cook Avenue

For Children 4 to 10 Years old . . . Rain or Shine!

Children are divided into the following groups for the hunt

4 years & under 10:00 am - Area # 1

5 to 7 years at 10:30 am - Area # 2

8 to 10 years at 11:00 am - Area # 3

Come and meet the Easter Bunny!

Eggs are hidden on the field,
Not on the hillside, brook or woods
Bring your camera and a basket.

Permit Division

The Permit Division is responsible for issuing permits for a wide variety of recreational activities.

Indoor Permits are required to use public school gymnasiums and our community centers.

- Fall Indoor Permit Applications are available August 1 and due October 1

Indoor Permit Applications can be obtained by visiting www.yonkersny.gov

Click on “Recreational Programs” on the right side of the screen

Click on “Forms” on the left side of the screen

Special Events Applications are required for events held at all park facilities. Permits are needed for all tournaments, the turf fields at Tibbetts Brook Park, Fleming and Pelton Fields and the picnic facilities at Redmond Park and the JFK Marina.

- Spring and Summer outdoor applications are available on March 2. Spring permit applications are due April 1. Summer permit applications are due on June 1.
- Fall outdoor applications are available August 1 and due September 1

Special Events applications can be obtained by visiting www.yonkersny.gov/parks

Click on “Special Events Permits” on the left side of the screen

Wedding Photos: A permit is required to take photographs and videos inside beautiful and historic Untermyer Park, located at 945 North Broadway (see top photo). Applications are available year round.

Mobile Concessions for parks and non-recreational permits are also obtained through this office.

Need more information?

Outdoor Permits:	Lisa McKay Harris at 377-6441
Indoor Permits:	Dave Antonelli at 377-6443
Wedding Photo Permits:	Dinorah Marshall at 377-6427
Commercial Video & Photo Permits:	Melissa Goldberg at 377-6059
Special Events:	Jennifer Villa Kearins at 377-6436



Camp 2015

Camp Rays Summer Day Camp

Fun for children ages 5 - 14 (Campers must be 6 by December 31, 2015 and entering 1st grade in September).

Choose from four conveniently located sites. Camp hours are from 8:00 am - 5:00 pm.

Campers will enjoy a variety of indoor and outdoor activities, and fun and exciting trips. All details will appear in our spring/summer brochure.

Registration:

Residents begin registering on Wednesday, April 1 at 7:00pm

Non-residents begin registering on Wednesday, April 8 at 7:00pm

Call 377-6443 in early March for more information.

Camp Dates

Week One: June 29 - July 2

Week Two: July 6 - July 10

Week Three: July 13 - July 17

Week Four: July 20 - July 24

Week Five: July 27 - July 31

Week Six: August 3 - August 7

Pre-K Summer Day Camp

A fun experience for children 3 - 5 years of age, with various outdoor and indoor activities.

Children must be toilet-trained. Parents can select three or six weeks of morning fun at one of our three sites.

Session One: June 29 - July 17

Session Two: July 20 - August 7

Be on the lookout for our spring/summer brochure that will appear in April on the City of Yonkers website.

Call 377-6440 in February for more information.

Camp Pride

A fun summer experience, for the developmentally disabled community members, ages 5 and up. A full day camp program that will excite campers with numerous on-site and off-site activities. Parents can select from 2 three week sessions. Transportation, breakfast, and lunch are provided. All participants must be fully potty-trained.

Call 377-6438 for more information.

Session One: June 29 - July 17

Session Two: July 20 - August 7

Coming this Fall

Little Learners

Half Day Pre-K Program 2015-2016

Schedule: Mid-September to mid-June at four sites.

Children 3 and 4 years of age are introduced to a variety of recreational and educational learning experiences through activities such as arts and crafts, music, drawing, and story-telling. Activities are designed to develop and enhance the basic principles of sharing, communication, cooperation and social interaction.

Requirements: Children must be toilet-trained.

Call 377-6440 for information about fees, locations, and registration.



See registration details on page 5

Pre-K Recreation

Time with Me

Teacher: Miss Tabitha

Early childhood educators believe children learn while they play. In this popular class, children ages 18-36 months will enjoy creative play, crafts, singing songs, painting, and dancing. Each child registered must have an adult present; non-registered children are not permitted in the class.

Dates: Twenty Thursdays, starting January 15

Age/Time: 18 - 24 months 9:00 - 9:50 am
24 - 30 months 10:00 - 10:50 am
30 - 36 months 11:00 - 11:50 am

Location: Cola Community Center
945 North Broadway
Inside the entrance to beautiful
Untermeyer Park

Fee: \$155. Non-residents: \$180



Pre-Ballet for Pre-K

Instructors: Elisa Bonneau and Donna Moynihan

An introduction to basic ballet technique while enjoying dance exercises in a cheerful atmosphere. Children learn to move across the floor, line up, share, take turns, and express themselves through movement games. Maximum 10 students per class. Children may register for one class. Elisa will teach on Wednesdays and Fridays at Yonkers Montessori Academy (Mark Twain). Donna will teach on Mondays at P.S. #16. Footwear: Ballet shoes (Girls – pink, Boys – black) with either leather soles or soles with a leather strip/patch. Attire: Dancewear/form-fitting clothes. Girls wear leotards and tights only. No ballet skirts.

Dates: Monday classes starts on January 12
Wednesday classes starts on January 14
Friday classes start on January 16

Days, Ages, and Times at each location:

Yonkers Montessori Academy (Mark Twain) opposite 119 Woodlawn Ave.

Wednesdays (with Elisa)

Ages 3 – 4.5 years 4:00 - 4:45 pm

Ages 4.5 – 5 years 4:50 - 5:35pm

Fridays (with Elisa)

Ages 3 – 4.5 years 4:45 - 5:30 pm

Ages 4.5 – 5 years 5:45 - 6:30 pm

P.S. #16, 759 North Broadway, at Roberts Avenue

Mondays (with Donna)

Ages 3 – 4.5 years 4:00 - 4:45 pm

Ages 4.5 – 5 years 5:00 - 5:45 pm

Fees: \$95 for 12 classes. Non-residents \$120.



Youth Recreation

Art 101

Instructor: Joanne Motto

Students will learn and become familiar with the basic elements of art: line, shape, color, value, texture, and form and will learn to appreciate art that is around them. Supply fee: \$10 cash is due at first class.

Dates: Saturdays, starting January 17

Age/Time: 5-7 yrs 9:00 - 10:00 am
8-9 yrs 10:00 - 11:00 am
10-12 yrs 11:00 - 12:00 pm

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$95 for 12 classes. Non-residents: \$120

Crafty Kids

Instructor: Brenda J. Freman

Your child's creative talents will explore the wonderful world of arts and crafts. Projects include sand art, seasonal themes, masks, and book themes. Supply fee: \$10 cash is due at first class.

Dates: Saturdays, starting January 17

Age/Time: 10-12 yrs 9:00 - 10:00 am
7-9 yrs 10:00 - 11:00 am
5-6 yrs 11:00 - 12:00 pm

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$95 for 12 classes. Non-residents: \$120



Chess

Instructor: Victor Mairena

Students become familiar with the board, pieces, notation, how the pieces move, opening & defense at all levels. Chess teaches children strategies and how to live by them.

Dates: Saturdays, starting January 17

Ages: 5-12 yrs
Time: Beginner 9:00 - 10:00 am
Intermediate 10:00 - 11:00 am
Advanced 11:00 - 12:00 pm

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$95 for 12 classes. Non-residents: \$120



American Red Cross Certified Baby-Sitting Training

Instructor: Tabitha Alston

One Day Course

The American Red Cross and Yonkers Department of Parks recognize the importance of being trained to supervise children. Skills such as handling emergencies, giving basic first aid and caring for children will be discussed. A "Course Completion Certificate" is issued to those who pass the course. All students receive a Baby-Sitter's Handbook, CD-ROM, and Emergency Reference Guide. A bagged lunch is permitted. Requirements: Students must be 11-15 years of age at time of registration and MUST pre-register for this course according to the schedule below. Each student must bring a baby doll.

Parents: Please arrive at 8:45 am so the class can start on time.

Dates: One Day Course - Saturday
March 7; Must register by February 24
April 11; Must register by March 31
May 9; Must register by April 28

Ages: 11-15 yrs

Time: 9:00 - 4:30 pm

Location: Nodine Hill Center
140 Fillmore Strret
Inside the Fleming Field parking lot

Registration Fee: \$47 for everyone

Supply Fee: \$27 for A.R.C supplies noted above.
(cash only, to instructor at class)

See registration details on page 5

Youth Recreation

Voice for Beginners

Instructor: Wendy Mitchell

Enjoy learning the basics of vocal technique and performance. Our instructor is a classically trained singer who also has experience in musical theatre. Supply fee: \$10 cash due at first class for personal CD with accompaniment.

Dates: Saturdays, starting January 17
Age / Time: 8 - 12 yrs 10:00 - 10:55 am
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Voice for Intermediates & Teens

Instructor: Wendy Mitchell

For students who have taken the Voice for Beginners class or have other singing experience plus Teens with or without experience. Our instructor is a classically trained singer who also has experience in musical theatre. Supply fee: \$10 cash due at first class for personal CD with accompaniment.

Dates: Saturdays, starting January 17
Age / Time: 8 - 17 yrs 11:00 - 11:55 am
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Drumming

Instructor: Cliff Hackford

Learn snare drum techniques, rudiments, and 4-way coordination in a fun atmosphere. Our instructor is a professional percussionist with years of making the drums fun and accessible for children and teenagers. Beginners and all skill levels welcome.

Requirements: We recommend 5a or 5b wooden drum sticks and a drum pad: Either a large Real Feel pad or a 10" Remo pad (drum pad stand not necessary).

Dates: Wednesdays, starting January 21
Age/Time: 7 - 10 yrs 4:00 - 5:00 pm
11 - 14 yrs 5:05 - 6:05 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120



Acoustic Guitar

Instructor: Tom Flammia

Learn the basics from chords and simple strumming to melodies and reading music. Maximum 10 students. Extra cash fee at second class for instruction book. Beginners Plus is for students who have taken this class or have other experience and are able to read music notes. Bring your own guitar

Dates: Saturdays, starting January 17
Age/Time: 10-12 yrs Beginners 9:00 - 10:00 am
10-12 yrs Beginner Plus 10:00 - 11:00 am
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Advanced Youth & Teen Guitar

Instructor: Tom Flammia

This is not a class for beginners. No "tabs." Expand your skills in chords, rhythms, melodies, and reading for use in diverse playing styles. Bring your own acoustic or electric guitar. Maximum 10 students. Extra cash fee at second class for instruction book.

Dates: Eleven Mondays starting January 26
and one Tuesday (April 7),
Ages: 12-17 yrs
Time: 7:00 - 8:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Youth Recreation

Hip Hop

Instructor: Elisa Bonneau

Beginners learn the hottest dance moves in an upbeat, energetic, and disciplined environment. Be sure to wear sneakers and loose clothing.

Dates: Saturdays, starting January 17
Age: 10-12 yrs
Time: 12:00 - 1:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Ballet & Tap

Instructor: Elisa Bonneau

Vaganova (Russian) technique. Classes teach basic ballet technique, music appreciation, and vocabulary while building self-esteem. Time is spent equally dancing ballet and tap. For students with or without experience. Footwear: Ballet shoes (Girls – pink, Boys – black) with either leather soles or soles with a leather strip/patch. Everyone needs tap shoes. Attire: Girls wear any color long or short-sleeve leotard, pink footed tights. No ballet skirts. Boys wear white T-shirt, boy's black tights.

Dates: Saturdays, starting January 17
Age: 5-7 yrs
Time: 9:00 - 10:00 am
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Tap & Jazz

Instructor: Elisa Bonneau

Traditional tap and jazz mixed with a Broadway style. Great for children who enjoy dancing! For students with and without experience. Footwear: Tap shoes plus jazz or ballet shoes (See Ballet & Tap class at left). Attire: Girls 5-7 wear any color leotard with tights and leggings. No skirts. Girls 8-12 wear any color T-shirt with leggings. All boys wear T-Shirt and workout pants.

Dates: Saturdays, starting January 17
Age/Time: 5-7 yrs 10:00 - 11:00 am
8-12 yrs 11:00 - 12:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Ballet **NEW**

Instructor: Elisa Bonneau

Vaganova (Russian) technique. This class teaches basic ballet technique, music appreciation and vocabulary while building self-esteem. For students with or without experience. Footwear: Ballet shoes (See Ballet & Tap class at left). Attire: Girls wear black long or short-sleeve leotard, pink footed tights. No ballet skirts. Boys wear white T-shirt and boy's black tights.

Dates: Wednesdays, starting January 14
Age: 6-8 yrs
Time: 5:45- 6:30 pm
Location: Yonkers Montessori Academy
(Mark Twain) Auditorium
opposite 119 Woodlawn Avenue
Fees: \$95 for 12 classes. Non-residents: \$120



See registration details on page 5

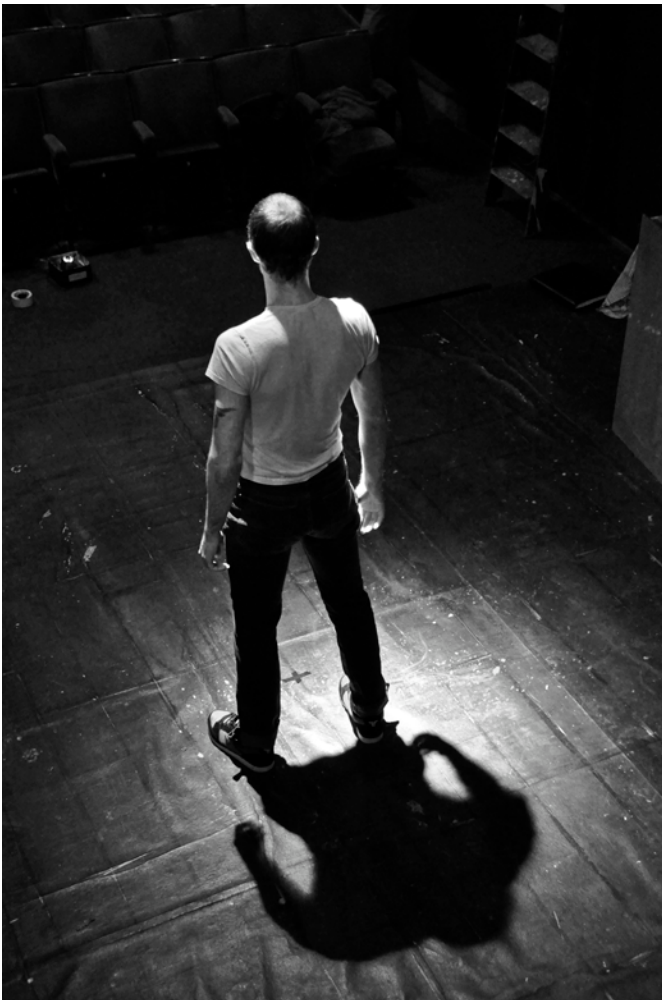
Youth Recreation

Theatre for Kids

Instructor: Chris Arena

An introduction to stage-craft and the performance arts. Instruction includes: theatre games, teamwork, and cooperative - listening exercises. Children will learn and gain confidence in a fun and well structured environment.

Dates: Saturdays, starting January 17
Age/Time: 8-11 yrs 9:00 - 10:00 am
12-17 yrs 10:00 - 11:00 am
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120



Baton & Cheerleading

Instructor: Margaret Ghazi

Beginners

Learn baton twirling, cheerleading movements, and exciting routines! All participants will have the opportunity to show off their work by participating in various parades. Please note: Uniforms are required to participate in these parades. Additional fee to be determined in February.

Baton II

This class is for returning students who have taken this class for 6 sessions (3 years) or more. In this performance class, students will learn new and review previous routines and cheers for public performances.

Supply Fee: A \$40 cash fee at the first class is required of new students for their baton, pom-poms, and certificate.

Dates: Saturdays, starting January 17
Beginners: 5-7 yrs 9:00 am - 10:00 am
Beginners: 8-12 yrs 10:00 am - 11:00 am
Baton II: 8-17 yrs 11:00 am - 12:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120



Youth Recreation

Karate

Instructor: Trent Perri

Self-defense movements for mental, physical, and emotional control of the body and mind are taught. Students should wear comfortable clothes and must wear sneakers. Supply fee: \$10 cash due at the first class is required of returning students for yellow belt and belt certificate.

Dates: Saturdays, starting January 17
Age/Time:
Beginners 8 - 12 yrs 9:00 - 10:00 am
Beginners 5 - 7 yrs 10:00 - 11:00 am
Beg/Returning 5-12 yrs 11:00 - 12:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Tennis

Instructor: Cliff Hackford

This is an indoor class for beginners in a comfortable, socially-friendly environment. Basic instruction in proper grip, forehand, backhand, serving, volleying, scoring, rules, and tennis etiquette. Wear sneakers and bring a tennis racquet.

Dates: Saturdays, starting January 17.
Age/Time: 5- 6 yrs 9:00 - 10:00 am
10-12 yrs 10:00 - 11:00 am
7- 9 yrs 11:00 - 12:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-Residents: \$120

Zumba® Kids Jr.

Instructor: Angela Alvarez Hultberg

Kids get the chance to socialize, make new friends, and jam-out to their favorite music. We add games, activities, and cultural exploration, all of which strengthen teamwork, confidence, self-esteem, memory, creativity, and coordination.

Dates: Saturdays, starting January 17
Age/Time: 5 - 8 yrs 9:45 - 10:30 am
Location: Yonkers Montessori Academy (Mark Twain),
opposite 119 Woodlawn Avenue
Fee: \$95 for 12 classes. Non-Residents: \$120



Little Cooks

Instructor: Brenda J. Freman

These future chefs will enjoy hands-on food preparation while learning how to read and understand recipes. After school snacks such as English muffin pizza, tuna pinwheel bites and no-bake cookies will give children an understanding of healthy and fun foods. Maximum 10 students in this class. Supply fee: \$15 is due at the first class. Please also bring an apron, smock or over-sized T-shirt to protect clothing. Hair must be tied or pinned back.

Please call 377-6440 after registering to make us aware of any food allergies your child has.

Ages: 7 - 9 yrs
Time: 4:00 - 5:30 pm
Dates: Wednesdays, starting January 21
Site: P.S. #16 (original large building)
759 North Broadway, at Roberts Avenue
Fee: \$95 for 8 classes. Non-Residents: \$120
This is a 90 minute class, unlike our other youth classes that are no more than 60 minutes

Teen Recreation

Teen Theatre

Instructor: Christopher Arena

Learn how to create and build a character through improvisation and theatre games. Students are encouraged to recognize and accept themselves as unique individuals through exercises dealing with modern social issues such as bullying, equality and tolerance.

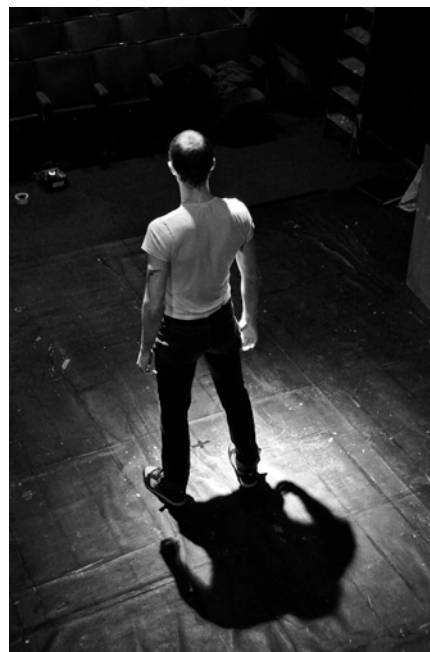
Dates: Saturdays, starting January 17

Ages: 12 - 17 yrs

Time: 10:00 - 11:00 am

Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$95 for 12 classes. Non-residents: \$120



Teen Baton & Cheerleading

Instructor: Margaret Ghazi

Baton II

This class is for returning students who have taken Margaret's class for 6 sessions (3 years) or more. Baton II is now a performance class. All routines and cheers that have been learned through the years will be reviewed for parades and possible other performances. (Uniforms are required to participate in these parades. Fees will be determined in February). New twirls and cheers will be taught.

Dates: Saturdays, starting January 17

Ages: 8 - 17 yrs

Time: 11:00 - 12:00 pm

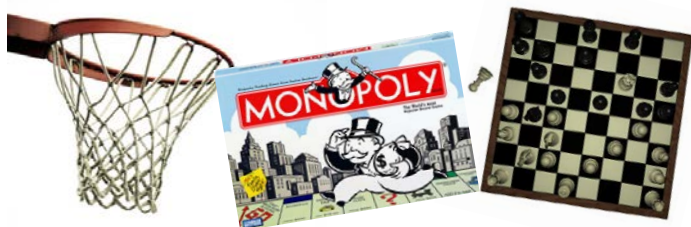
Location: Roosevelt High School
631 Tuckahoe Road

Fee: \$95 for 12 classes. Non-residents: \$120



Teen Recreation

Teen Centers (13 - 17 years of age)



A free drop-in recreation program for Yonkers residents between the ages of 13-17. Participants have the opportunity to take part in basketball and board games while socializing in a safe, well staffed environment.

Monday, Dec. 1, 2014 through Friday, March 27, 2015

Week Nights: 6:30 pm - 9:30 pm

Saturdays: 3:00 pm - 8:00 pm

Mondays

Dodson School, 105 Avondale Road
School 22, 1408 Nepperhan Ave.

Tuesdays

School 13, 195 Mclean Ave.

Wednesday

School 25, 579 Warburton Ave.

Thursdays

Enrico Fermi School, 27 Poplar Street
Hostos School, 75 Morris Street
Cross Hill Academy, 160 Bolmer Ave.

Fridays

School 13, 195 Mclean Ave.
Cross Hill Academy, 160 Bolmer Ave.
Enrico Fermi School, 27 Poplar Street
Hostos School, 75 Morris Street
Yonkers Middle/High School, 150 Rockland Ave.

Saturdays

School 13, 195 McLean Ave.
School 25, 579 Warburton Ave
Dodson School, 105 Avondale Road
Enrico Fermi School, 27 Poplar Street
Hostos School, 75 Morris Street

American Red Cross Certified Baby-Sitting Training

Instructor: Tabitha Alston

One Day Course

The American Red Cross and Yonkers Department of Parks recognize the importance of being trained to supervise children. Skills such as handling emergencies, giving basic first aid and caring for children will be discussed. A "Course Completion Certificate" is issued to those who pass the course. All students receive a Baby-Sitter's Handbook, CD-ROM, and Emergency Reference Guide. A bagged lunch is permitted. Requirements: Students must be 11-15 years of age at time of registration and **MUST** pre-register for this course according to the schedule below. Each student must bring a baby doll.

Parents: Please arrive at 8:45 am so the class can start on time.

Dates: One Day Course - Saturday
March 7; Must register by February 24
April 11; Must register by March 31
May 9; Must register by April 28

Ages: 11-15 yrs

Time: 9:00 - 4:30 pm

Location: Nodine Hill Center
140 Fillmore Strret

Inside the Fleming Field parking lot

Registration Fee: \$47 for everyone

Additional Fee: \$27 for A.R.C supplies noted above.
(cash only, to instructor at class)



See registration details on page 5

Teen Recreation

Acoustic Guitar

Instructor: Tom Flammia

Learn the basics from chords and simple strumming to melodies and reading music. Beginners Plus is for students who have taken this class or have other experience and must be able to read music notes. Bring your own guitar. Maximum 10 students per class. Extra cash fee due at second class for instruction book.

Dates: Saturdays, starting January 17
Ages: 13 - 15 yrs
Beginner: 11:15 - 12:15 pm
Beginner Plus: 12:15 - 1:15 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Advanced Youth & Teen Guitar

Instructor: Tom Flammia

No "tabs." Expand your skills in chords, rhythms, melodies, and reading for use in diverse playing styles. Bring your own acoustic or electric guitar. Maximum 10 students. Extra cash fee due at second class for instruction book.

Dates: Eleven Mondays, starting January 26,
and one Tuesday (April 7)
Ages: 12-17 yrs
Time: 7:00 - 8:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Voice for Intermediates & Teens

Instructor: Wendy Mitchell

For students who have taken the Voice for Beginners class or have other singing experience plus Teens with or without experience. Our instructor is a classically trained singer who also has experience in musical theatre. Maximum 15 students in this class. Supply fee: \$10 cash due at first class for personal CD with accompaniment.

Dates: Saturdays, starting January 17
Ages: 8 - 17 yrs
Time: 11:00 - 11:55 am
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Drumming

Instructor: Cliff Hackford

Learn snare drum techniques, rudiments, and 4-way coordination in a fun atmosphere. Study sheets will be provided each week. Maximum 10 students in this class.

Requirements: We recommend 5a or 5b wooden drum sticks and a drum pad: Either a large Real Feel pad or a 10" Remo pad (drum pad stand not necessary).

Dates: Wednesdays, starting January 21
Ages: 11 - 14 yrs
Time: 5:05 - 6:05 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120

Jazz & Tap **NEW**

Instructor: Elisa Bonneau

Traditional jazz and tap mixed with Broadway and contemporary styles. Great for teens who enjoy dancing and for those who want to learn and perform. Footwear: Tap shoes plus jazz shoes or black ballet shoes with either leather soles or soles with a leather strip/patch. Attire: Girls wear any color T-shirt with leggings or worn-out pants. Boys wear any color T-shirt with workout shorts or pants.

Dates: Tuesdays, starting January 20
Ages: 13 - 17 yrs (with or without experience)
Time: 5:30 - 6:30 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$95 for 12 classes. Non-residents: \$120



Adult Recreation

Salsa & Latin Dance

Instructor: Evangelina Rivera

This Salsa “on 2” NY Style beginner course focuses on timing, footwork, partnering, and doing those turns the “right” way in a fun and supportive environment. Students will also get a flavor of other popular Latin Dances such as Merengue and Bachata. No partner necessary. Wear loose clothing and dance sneakers or comfortable shoes with smooth soles.

Dates: Eleven Mondays, starting January 26,
and one Wednesday (April 8)
Time: 7:00 - 8:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$100 for 12 classes. Non-Residents: \$125

Belly Dance Transitions

Instructor: Sadari Neville

Beginners will learn the basic version and those with more experience will add some layers to it. Belly Dance improves cardiovascular health, and strengthens and tones the body. Supply fee: \$20-\$35 is to be paid to the instructor at the second class and will depend on the props selected.

Dates: Thursdays, starting January 22
Time: 7:45 - 8:45 pm
Location: Cola Center
945 North Broadway
Inside entrance to beautiful Untermeyer Park
Fee: \$100 for 12 classes. Non-Residents: \$125

Ballroom Dance

Instructor: Evangelina Rivera

Learn how to “Dance Like The Stars!” A fun, introductory course that will teach you the basics of Tango, Waltz, Swing, and other Smooth Dances! No partner necessary. Wear comfortable attire and shoes with smooth soles.

Dates: Eleven Mondays, starting January 26,
and one Wednesday (April 8)
Time: 8:00 - 9:00 pm
Location: Roosevelt High School
631 Tuckahoe Road
Fee: \$100 for 12 classes. Non-Residents: \$125

Jazz for Beginners **NEW**

Instructor: Elisa Bonneau

A class where adults (with and without experience) will learn the basic technique of jazz dance and enjoy a great workout. This technique is a combination of Broadway and contemporary styles. Women and men wear any workout attire and jazz shoes.

Dates: Thursdays, starting January 22
Time: 6:30 – 7:30 pm
Location: Yonkers Montessori Academy Auditorium
opposite 190 Woodlawn Avenue
Fee: \$100 for 12 classes. Non-Residents: \$125



See registration details on page 5

Adult Recreation

Zumba Fitness®

Instructor: Angela Alvarez Hultberg

Take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. A total workout, combining all elements of fitness. Wear light, comfortable clothing and sneakers with smooth soles or shoes with good support. Bring water and a towel. Two classes to choose from.

Dates: **Evening Class**

Eleven Mondays, starting January 12,
and one Tuesday (April 7)

Morning Class

Saturdays, starting January 17

Time: Mornings 10:45 - 11:45 am

Evenings 6:45 - 7:45 pm

Location: Yonkers Montessori Academy (Mark Twain)
opposite 119 Woodlawn Avenue

Fee: \$100 for 12 classes. Non-Residents: \$125

Separate registration fees are required for morning and evening class.



Balance Your Life with Yoga Level 1/2

Instructor: Violaine Herlitz

Traditional yoga practice that incorporates stretching and strengthening poses/movements, varied meditation, and breathing awareness techniques, deep relaxation, philosophy principles, and strategies. All combine to soothe, nourish, and heal the mind, body, and spirit. Requirements: Yoga mat, blanket, and pillow.

Dates: Wednesdays, starting January 21

Time: 6:45 - 8:00 pm

Location: Coyne Park Center
777 McLean Avenue

Fee: \$100 for 12 classes. Non-Residents: \$125



Adult Recreation

Slimmersize with a touch of Zumba® Fitness

Instructor: Lydia M. Otero

SlimFit with a twist! ½ hour Zumba and ½ hour Exercises. Tone by using Resistance Tubing and weights. Come join this combination of fitness and get to your “**slimmer size**”! Requirements: Please bring 2-5lb weights and a mat or towel.

Dates: Thursdays starting on January 22
Time: 6:30 - 7:30 pm
Location: Coyne Park Center
777 McLean Avenue
Fee: \$100 for 12 classes. Non-Residents: \$125

SlimFit with a touch of Zumba® Fitness

Instructor: Lydia M. Otero

Get **Slim** with a touch of Zumba, Get **Fit** exercising every part of your body. We tone by using Resistance Tubing and weights. Requirements: Please bring 2-5lb weights and a mat or towel.

Dates: Saturdays starting on January 24
Mondays starting on January 26
Time: Saturdays 9:30 - 10:30 am or
Mondays 6:45 - 8:00 pm
Where: **Saturdays**
Cola Center
945 North Broadway
Inside entrance to beautiful Untermeyer Park
Mondays
Coyne Park Center
777 McLean Avenue
Fee: \$100 for 12 classes. Non-Residents: \$125
Separate registration fees are required for Monday and Saturday



Dance Exercise with a touch of Zumba® Fitness

Instructor: Diane Capurso

This is dance fitness with lots of fun. Some light kick boxing, line dancing, and weights will be used. Also infused into this Cardio dance combo is the Latin/International rhythms and dance steps of Zumba. Bring a light volleyball size ball, mat or towel, and 1-5 lb weights.

Dates: Wednesdays starting on January 14
Time: 7:15 - 8:35 pm
Location: Cola Center
945 North Broadway
Inside entrance to beautiful Untermeyer Park
Fee: \$100 for 12 classes. Non-Residents: \$125

Dance Exercise with a touch of Zumba® Toning

Instructor: Diane Capurso

This class will have you movin' and groovin' to various styles of dance and even incorporates light body boxing and weight control using aerobic exercise and creative dance movements. And with a touch of Zumba Toning you'll have a blast working your muscles while your body hustles! Bring a mat or towel and 1-5 lb weights or toning sticks.

Dates: Wednesdays starting on January 14
Time: 5:45 - 7:00 pm
Location: Cola Center
945 North Broadway
Inside entrance to beautiful Untermeyer Park
Fee: \$100 for 12 classes. Non-Residents: \$125

Morning W.O.N.D.E.R. with a touch of Zumba® Gold

Instructor: Diane Capurso

Women of New Dance Energy & Rhythm class wakes you up by bringing exercise into your morning through dance. A fun class with easy-to-follow steps and invigorating music, and with a touch of Zumba Gold, you'll have a blast while feeling fit fast! Bring a volleyball-size ball, mat or towel, and 1-5 lb weights.

Dates: Fridays starting on January 16
Time: 9:15 - 10:15 am
Location: Cola Center
945 North Broadway
Inside entrance to beautiful Untermeyer Park
Fee: \$100 for 12 classes. Non-Residents: \$125

Adult Recreation

Tennis

Instructor: Cliff Hackford

Beginners will learn forehand and backhand, strokes, serving, volleying, rules, and tennis etiquette. Intermediates learn court strategies and ground strokes. Requirements: Wear sneakers and bring a tennis racquet.

Dates: Wednesdays, starting on January 21

Level / Time: Beginner 7:15 - 8:30 pm

Intermediate 8:30 - 9:45 pm

Location: Cross Hill Academy
(formerly Emerson Middle School),
Use rear entrance driveway,
off western end of Odell Avenue

Fee: \$100 for 10 classes. Non-Residents: \$125



Acoustic Guitar

Instructor: Tom Flammia

An introduction to Acoustic Guitar for absolute beginners (no experience) and for players with limited experience. Learn to read and play basic notation, melodies, rhythm, and chords. Students must provide their own acoustic guitars. Maximum 10 students. Extra cash fee due at second class for instruction book.

Dates: Eleven Mondays, starting on January 26,
and one Tuesday (April 7),

Time: 8:05 - 9:05 pm

Location: Roosevelt High School music room,
631 Tuckahoe Road

Fee: \$100 for 12 classes. Non-residents: \$125



Adult Open Gym Basketball

Wednesday, December 3, 2014 through

Thursday, March 26, 2015

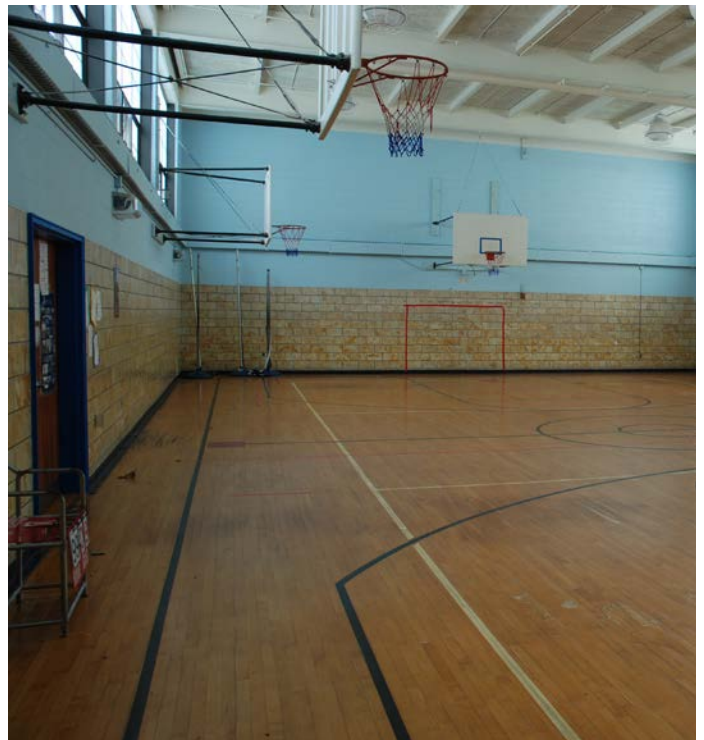
The Yonkers Department of Parks, Registration & Conservation, offers a drop in open gym basketball program for Yonkers Residents 18 years of age and older every Wednesday and Thursday at Yonkers Middle/High School located at 150 Rockland Avenue. For additional information please call 377-6443.

Adult Non-Competitive Basketball League

Tuesday, December 2, 2014 through

Wednesday, March 25, 2015

Teams consisting of Yonkers Residents can play organized games in one of two leagues offered at Yonkers Middle/High School on Tuesdays or Gorton High School on Wednesdays. There are no awards in this league as all teams play for enjoyment and exercise aspects only. Games are played at 7:00 pm and 8:15 pm. A nominal fee is required for each team. For additional information or to request a roster and rules, please call 377-6443.



Project Friendship

A group program for people with developmental disabilities

TEEN & ADULT PROGRAMS

Tuesdays

Young Adult Club

Ages: 16+
7:00 - 9:00 pm
Coyne Park CC
777 McLean Ave.



December 2, 9, 16, 23, 30
January 6, 13, 20, 27
February 3, 10, 17, 24
March 3, 10, 17, 24, 31
April 7, 14, 21, 28

Fridays

Project Friendship Bowling League

3:30 - 5:30 pm
Fee: \$7.50 for 2 Games
Paradise Lanes
790 Yonkers Ave.

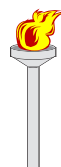
December 5, 12, 19, 26
January 2, 9, 16, 23, 30
February 6, 13, 20, 27
March 6, 13, 20, 27
April 3, 10, 17, 24

Drop off and pick-up site
located in parking lot on
Belmont Ave., behind the bank.
(Rear entrance to bowling alley.)

Saturdays

Special Olympics

Teens & Adults
9:00 - 11:00 am
Montessori 11 Gym
160 Woodlawn Ave.



December 6, 13, 20
January 10, 17, 24, 31
February 7, 14, 28
March 7, 14, 21, 28
April 11, 18, 25

Saturdays

Hero Tennis

All Ages
11:00 - 12:00 pm
Mark Twain Gym
160 Woodlawn Ave.



December 6, 13, 20
January 10, 17, 24*
February 7, 14, 28
March 7, 14, 21, 28
April 11, 18, 25

*On January 24 Hero Tennis will take place in the Gym at Montessori 11

CHILDREN/PRE-TEEN /TEEN PROGRAMS

Thursdays

Bowling

4:30 - 6:00 pm
Fee \$7 for 2 games
Paradise Lanes
790 Yonkers Ave.

Please see above for drop off
and pick-up instructions

December 4, 11, 18
January 8, 15, 22, 29
February 5, 12, 19, 26
March 5, 12, 19, 26
April 2, 9, 16, 23, 30

Fridays

Yoga

6:00 - 7:00 pm
Coyne Park CC
777 McLean Ave.
December 5, 19
January 2, 16, 30
February 13, 27
March 13, 27
April 9, 23

Fridays

Teen Fun Club

Ages 13 - 21
7:00 - 8:00 pm
Coyne Park CC
777 McLean Ave.
December 5, 19
January 2, 16, 30
February 13, 27
March 13, 27
April 9, 23

Fridays

Pet Therapy

6:30 - 7:00 pm
Coyne Park CC
777 McLean Ave.
December 12
January 9, 23
February 6, 20
March 6, 20
April 3, 17

Fridays

Dance Therapy

7:00 - 8:00 pm
Coyne Park CC
777 McLean Ave.
December 12
January 9, 23
February 6, 20
March 6, 20
April 3, 17

Saturdays

Hero Tennis

11:00 - 12:00 pm
Mark Twain Gym
160 Woodlawn Ave.
December 6*, 13, 20
January 10, 17, 24
February 7, 14, 28
March 7, 14, 21, 28
April 11, 18, 25

Saturdays

Storytelling

12:30 - 1:00 pm
Coyne Park CC
777 McLean Ave.
December 6, 13, 20, 27
January 3, 10, 17, 24, 31
February 7, 14, 21, 28
March 7, 14, 21, 28
April 11, 18, 25

Saturdays

Music Therapy

1:00 - 2:00 pm
Coyne Park CC
777 McLean Ave.
December 6, 20
January 3, 17, 31
February 14, 28
March 14, 28
April 18

*On December 6 Hero Tennis will take place in the Gym at Montessori 11

Saturdays

Theatre Arts

2:00 - 3:00 pm
Coyne Park CC
777 McLean Ave.
December 6, 20
January 3, 17, 31
February 14, 28
March 14, 28
April 18

Saturdays

Creative Crafts

1:00 - 2:00 pm
Coyne Park CC
777 McLean Ave.
December 13, 27
January 10, 24
February 7, 21
March 7, 21
April 11, 25

Saturdays

Fun & Fitness

2:00 - 3:00 pm
Coyne Park CC
777 McLean Ave.
December 13, 27
January 10, 24
February 7, 21
March 7, 21
April 11, 25

NEW

Saturdays

Delightful Dining

3:00 - 4:00 pm
Coyne Park CC
777 McLean Ave.
December 13, 27
January 10, 24
February 7, 21
March 7, 21
April 11, 25

Aquatics

Water Sprites

Little swimmers work on basic skills independently: blowing, floating, arm / leg coordination and safety skills.

Ages: 3-4 yrs
Dates: 8 Fridays, starting December 5
Time: Fridays 4:00 - 4:30 pm
Location: Yonkers Avenue Pool, 48 Yonkers Avenue

Dates: 8 Saturdays starting on December 6
Time: Saturdays 9:15 - 9:45 am or 9:45 - 10:15 am
Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$99 for Residents. Non-Residents: \$124
 Separate registration is required for Friday and Saturday class.

Parent & Tot

Parent and tot swim classes are designed to give parents and their child a chance to spend quality time in the pool with guidance from a swim instructor. Children develop the basic skills of swimming and gain confidence in the water by learning to put their face underwater, blowing bubbles, kicking, and jumping in the water. Kick boards and noodles are used by the instructors as learning tools. Children must be accompanied by an adult.

Dates: 8 Fridays, starting December 5
Ages/Time: 6mo-2.5yrs 6:15 - 6:45 pm
 2yrs-4yrs 6:45 - 7:15 pm

Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$99 for Residents. Non-Residents: \$124

Adult Learn to Swim

Adult beginners will learn basic swimming skills & water safety. Intermediate swimmers expand their techniques.

Dates / Time: 8 weeks starting week of December 8
 Mondays Advanced 8 - 8:45 pm
 Tuesdays Beginner 8 - 8:45 pm
 Wednesdays Intermediate 8 - 8:45 pm

Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$109 for Residents. Non-Residents: \$134
 Separate registration for Monday, Tuesday, and Wednesday class.



Aqua Zumba® & Cardio Aqua Fit

Integrating the Zumba® philosophy with traditional aquatic fitness disciplines, Aqua Zumba® blends it all together for a great fun workout. Just add water!! Cardio Aqua Fit is an energizing format designed for total body toning and cardiovascular fitness. Be prepared to workout!

Dates: 8 Mondays, starting December 8
Time: 8:00 - 8:45 pm
Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$109 for Residents. Non-Residents: \$134

Deep H2O Aquacise

Adults enjoy exercise in deep water with emphasis on lower body. Aqua belt provided or bring your own. You must be comfortable in water over your head.

Dates: 8 Thursdays, starting December 4
Time: 8:00 - 8:45 pm
Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$109 for Residents. Non-Residents: \$134

Low Impact Aquacize

Aquatic cardio and strength exercises.

Dates: 8 Saturdays, starting December 6
Time: 9:00 - 10:00 am
Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$109 for Residents. Non-Residents: \$134

Senior Aquacize

Low Impact aquacise for the Young at heart.

Ages: 55 yrs +
Dates: 8 Saturdays, starting December 6
Time: 9:15 - 10:15 am
Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$75 for Residents. Non-Residents: \$100

Teen Learn to Swim

Young adults learn basic swimming and water safety skills.

Ages: 13-17 yrs
Dates: 8 Saturdays, starting December 6
Time: 10:15 - 11:00 am
Location: Mark Twain Pool
 160 Woodlawn Avenue

Fee: \$109 for Residents. Non-Residents: \$134

Aquatics

NEW

STARGUARD Lifeguard Training

Starfish Aquatic Institute (SAI) participants must successfully complete lifeguard training, first aid, AED, and CPR, STARGUARD certification is equivalent to lifeguard certification from American Red Cross, YMCA, Ellis & Associates, and NASCO. Must be 16 years old by completion of course.

Dates: Wednesdays & Thursdays (4 week program)

Time: 6:15 - 9:15 pm

Pre -Test: February 11, 2015

Course Starts: February 25, 2015

Fee: \$400 for Residents. Non-Residents: \$425

NEW

STARFISH Swim Instructor

National certification from Starfish Aquatic Institute (SAI). More detailed information on future course certification TBA. Please register online to receive information:
<http://register.communitypass.net/yonkers>

Learn To Swim

(Developmentally Disabled)

Enjoy a half an hour of instructional swim with low staff to participant ratio. This program is designed for the developmentally disabled population.

Age: 5-16 years old

Dates: 8 Saturdays, starting December 6

Time: 9:30 - 10:00 am

Location: Yonkers Montessori Academy Pool

Fee: \$109 for Residents. Non-Residents: \$134

Recreation Open Swim

Open recreation swim.

Requirements: All parents must accompany children in water.

Dates: 8 Fridays, starting December 5

Time: 7:30 - 9:30 pm

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$65 per Adult \$45 per child

Evening Lap Swim

Leisure swim at your own pace. Must circle swim if more than 2 persons are in a lane.

Dates / Time: 8 weeks, starting Wednesday, December 3

Mondays Wednesdays 8:00 - 9:00 pm

Tuesdays Thursdays 8:45 - 9:45 pm

Fridays 8:00 - 9:30 pm

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$108 for Residents. Non-Residents: \$133

Competitive Swim Clinic

A great way to prepare your child for a swim team. Emphasis on stroke technique and endurance.

Dates: 8 Saturdays, starting December 6

Time: 10:45 - 11:30 am

Location: Mark Twain Pool
160 Woodlawn Ave.

Fee: \$109 for Residents. Non-Residents: \$134

Must be a level 4B swimmer & up.

Water Polo

A great opportunity to play water polo in Yonkers. Boys and girls up to age 18 and all skill levels. Learn drills, have fun, and get in the water! Be part of an exciting team that has sent people to the Olympics!

Dates : Saturdays & Wednesdays starting December 3

Time: Saturdays 9:00 - 10:30 am

Wednesdays 6:00 - 7:30 pm

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$125 for Residents. Non-Residents: \$150

Synchronized Swimming

Children and teens ages 9 and older. Special permission needed for younger swimmers. Synchronized swimming helps intermediate and advanced swimmers alike improve their swimming skills, flexibility, strength and endurance. Skills taught in the class help novice swimmers develop a greater comfort in the water, and allow them to move through the water with greater ease and confidence. Advanced swimmers develop greater body awareness, core control, and an improved "feel" for the water. **PREREQUISITES:** ability to swim 15 yards; comfort in deep water and underwater.

Dates: 8 Mondays, starting December 1

Time: 6:00 - 7:30 pm

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$125 for Residents. Non-Residents: \$150

Yonkers Masters Swim Club

Enjoy friendship and camaraderie as you improve your stroke, technique & conditioning through organized workouts. Geared for the fitness swimmer to the serious competitor. Registered U.S. Masters Swim Team; member LMSC. For more info visit www.yonkersmasters.com.

Age: 18 yrs +

Dates / Time: Year Round Program

Tuesdays & Thursdays 8:00 - 9:30 pm

Saturdays 11:00 - 12:30 pm

Location: Mark Twain Pool
160 Woodlawn Avenue

Fee: \$108 for the winter session for Residents
\$133 for Non-Residents

See registration details on page 5

Aquatics

Classes combine the best in swim instruction while keeping a strong emphasis on water safety. Courses are available for all ages and skill levels. A certification card will be received after the successful completion of each level class.

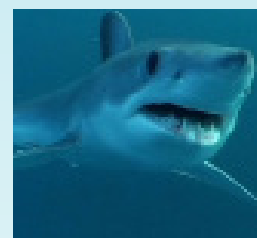
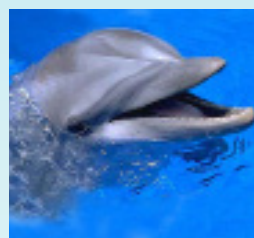
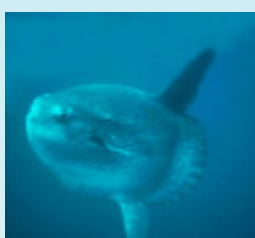
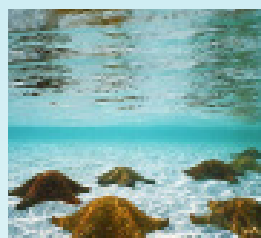
Ages: 4 1/2 & up Children's Level Classes

Session: 8 weeks starting December 3

Fees: \$109 for Residents \$134 for Non-Residents

Water Testing: Monday, November 24, 2014 from 6:00 - 8:00 pm at Mark Twain Pool

Online Registration: Tuesday, November 25, 2014 at 7:00 pm



Starfish

Sunfish

Stingray

Dolphin

Shark

Level 1

Mark Twain Pool
[160 Woodlawn Ave.](#)

Monday
6:15 - 6:45 pm

Tuesday
6:15 - 6:45 pm

Wednesday
6:00 - 6:30 pm

Thursday
6:15 - 6:45 pm

Saturday
9:15 - 9:45 am

Level 2

Mark Twain Pool
[160 Woodlawn Ave.](#)

Monday
6:15 - 6:45 pm

Tuesday
6:15 - 6:45 pm

Wednesday
6:30 - 7:00 pm

Thursday
6:15 - 6:45 pm

Saturday
9:45 - 10:15 am

Level 3 A/B

Mark Twain Pool
[160 Woodlawn Ave.](#)

Monday A/B
7:00 - 7:45 pm

Tuesday A/B
7:00 - 7:45 pm

Thursday A/B
7:00 - 7:45 pm

Yonkers Ave. Pool
[48 Yonkers Ave.](#)

Saturday A/B
10:15 - 11:00 am

Level 4 A/B

Mark Twain Pool
[160 Woodlawn Ave.](#)

Monday A
6:15 - 7:00 pm

Tuesday B
6:15 - 7:00 pm

Thursday A/B
6:15 - 7:00 pm

Friday A/B
6:15 - 7:00 pm

Level 5 A/B

Mark Twain Pool
[160 Woodlawn Ave.](#)

Monday A
7:00 - 7:45 pm

Tuesday B
7:00 - 7:45 pm

Thursday A/B
7:00 - 7:45 pm

Saturday A/B
10:45 - 11:30 am

Yonkers Ave. Pool
[48 Yonkers Ave.](#)

Friday
4:30 - 5:15 pm

Saturday
11:45 - 12:30 pm

Yonkers Ave. Pool
[48 Yonkers Ave.](#)

Friday
5:15 - 6:00 pm

Saturday
11:00 - 11:45 am

**Class schedules are subject to change due to low enrollment,
swim competition, or weather related cancellations.**

See registration details on page 5

Edward J. Murray Memorial Skating Center

348 Tuckahoe Road
Yonkers, NY 10710
(914) 377-6469

PUBLIC SKATING ADMISSIONS

General Admission	\$8.00
Chaperone	\$1.50
Senior Citizen (10 am to Noon sessions only)	\$2.00
Skate Rental	\$4.00

PUBLIC SKATING SESSIONS

Tuesdays, Wednesdays & Thursdays 10 am - Noon
Friday 10 - Noon & 8 - 10 pm
Saturday 11 - 1pm, 2 - 4 pm & 8- 10 pm
Sunday 11 - 1 pm, 2 - 4 pm & 5:20 - 7:20 pm

**Please call the rink or visit website
for holiday hours and closures**

Having a birthday? Why not an ice skating party?
Call (914) 377-6469 for details!

2015 Season: January - April

Saturdays	Sundays	Tuesdays	Thursdays
1/3 - 4/18	1/4 - 4/19	1/6 - 4/21	1/8 - 4/23

Tot "Trial" Evaluation Class

Tots can "try-out" a group skating class, to help decide if they are ready for lessons. Reservations for a trial class will reserve a spot in the first semester of group classes. If the parent decides to continue the class, full payment for Semester I must be made on the day of the trial class. A child may register for lessons without a trial class. Missed reservations for trials will be charged for a new trial date if space is available. Call for registration information. Pre-registration is REQUIRED for the Trial Lesson.

Ages: 4 - 6

Fee for Trial Class: \$ 15.00

Tot Class- Ages 4, 5 & 6

Curriculum includes 4 levels from learning to stand and move on the ice to stroking and one foot glides.

Children will be grouped according to their skill level.

Skate 1 And Skate 2 Class

Students must be able to stand on the ice unassisted in order to be eligible for this class. Curriculum includes an array of basic skating skills from two foot glides to stroking and backward swizzles. Upon mastery of recreational level, students are tested for the ISI Pre-Alpha Level and move up to the the Alpha level, for an additional fee, paid to the City of Yonkers.

Note: All students with appropriate skills are eligible for Alpha Class

Tot, Skate 1 & Skate 2 Class Times & Fees Semester II

Ages: 7 - 14

Saturdays	9:45 or 10:15 am	16 weeks	\$240.00
Sundays	1:15 pm	15 weeks	\$225.00
Tuesdays	4:00 or 4:30 pm	16 weeks	\$240.00
Thursdays	4:00 pm	16 weeks	\$240.00

Learn To Skate Program - Semester II

The Ice Skating Institute Method: All students begin lessons at the Tot , Skate 1 or 2 level learning basic skills necessary to progress to Alpha level and beyond. Each level contains specific components as listed and tests are given at regular intervals to enable students to reach the next level. Register online at www.yonkersny.gov.

ALPHA - DELTA CLASSES

Tuesdays	5:00 pm	16 weeks	\$256.00
Saturdays	9:15 am	16 weeks	\$256.00

Freestyle 1 through 9 Classes

Curriculum includes stamina training, flexibility, all jumps and spins in a progression of difficulty. The first 15 minutes of each class will be a warm-up period devoted to power skating, edges and movement to music.

Freestyle 1 through 4

Saturdays 8:30 am 16 weeks \$288.00

Freestyle 5 through 9

Saturdays 7:45 am 16 weeks \$288.00

Edward J. Murray Memorial Skating Center

2014 - 2015 HOCKEY PROGRAMS

General Youth Hockey Information

Registration is ongoing and will continue until programs are filled. Register online at www.yonkersny.gov/parks or in person with check payable to the "City of Yonkers." All fees must be paid in full at registration. Players age determines eligibility and placement.

LEARN TO SKATE CLASSES

A wide range of class times are available for those who need to learn the basics of ice skating prior to playing hockey. (See Skating School Programs). Beginning skaters looking for the hockey environment are also welcome to join the "Hockey Clinic" if they have the required equipment. Whatever the choice, either program will get a new player off to a great start.

Hockey Clinic-Learn to Play (Ages 5 - 14)

Participants are grouped according to proficiency and given instruction in basic skating and hockey skills. Simple games and drills will be utilized to accomplish these goals. Cross Ice scrimmages will be organized at the end of each session.

Tuesdays, 5:30 - 6:15 pm, December 2, 2014 – April 21, 2015, 19 weeks, \$323.00

Saturdays, 1:00 - 1:45 pm, December 6, 2014 – April 18, 2015, 19 weeks, \$323.00



Skate and Play (Ages 8 and under)

The Skate and Play program is designed for players 8 years and under that are ready for more advanced skating and skill development, prior to joining the In-House League.

Tuesdays from 5:30 to 6:15 pm. December 2, 2014 – April 21, 2015, 19 weeks, \$323.00

In-House Leagues (Ages 9 - 14)

Teams will be formed in the age groups listed and will compete in a non-checking, recreational format. Pre-season workouts will be held for the purpose of evaluating players for placement on teams and enhancing the individual skills needed to participate. In addition to the regular season games and playoffs, general practices will be incorporated into the schedule to promote player development. Jerseys, referees, scorekeepers and awards are included in the league fee. Winning games is de-emphasized as the program will focus on equal playing time and skills development including cross ice games and practices. Players must be available during any of the planned times listed. Fee: \$500.

Youth Stick Time Fee: \$10 per session

Saturdays

1:00 to 1:45 pm

Additional Youth Stick Time are

Scheduled During Holidays

Adult Open Hockey

Fee: \$10 per session

Players 18 years and older may participate in an open scrimmage or practice workout during the times listed below. Equipment required! Goalies skate free.

Tuesdays 12:15 - 2:15 pm

Thursdays 12:15 - 2:15 pm

Saturdays 10:15 - 12:15 am

Ice Rental Times Available

Fee: \$400 per hour

Proper forms and a \$100 non-refundable deposit required per hour rented to reserve ice time.

Discounted ice rental fee:

Monday - Sunday 12:30 - 5:30 am

\$200.00 per hour plus terms listed above

Senior Citizen Recreation

Retired? Tired of being home? Come out to our Senior Centers! Make friends, socialize and have a great time all year round. Senior Center members enjoy luncheons, trips, card playing, bingo, parties, billiards, and much more.

There are 3 Components to the Senior Recreation Program:

Senior Centers

Specialist Programs

Seasonal Events

The Yonkers **Senior Centers** are located throughout the city. Senior Citizen Recreation is free for all Yonkers residents 60 years & older. Each Senior Center is completely different. When visiting a Senior Center ask to see the Leader. The leader will show you around and introduce you to other members. They can go into detail on the different Senior Center activities.

The **Specialist Programs** are free recreation classes including fitness and artistic classes. This program is open to residents 60 years or older. Classes run for 15 weeks for Winter/Spring. Registration is not required. Simply drop in and take a class. Driver Defense Courses and the Arts & Crafts program do require phone registration.

The Parks Department hosts free **Seasonal Events** throughout the year to bring all the Senior Centers together. This is also a great way to meet new friends throughout the city. Some of our winter/spring events include: Senior Spring Dance and Picnic.

Please see separate flyers for: Yonkers Senior Centers, Specialist Programs, Seasonal Events, Bingo, Artist in You, Crafts Classes, and AARP Driver Defense Courses.

For more information on our senior programs, classes and events call Recreation Supervisor, Marian Marji, Monday through Friday from 9 am - 4 pm at 377-6444.

Senior Citizen Recreation

Membership for the Yonkers Senior Centers is free and available to any Yonkers residents 60 years of age and older. Non-Residents are invited to join our Centers for a nominal fee – please see Center Leader for more information. All potential new members should ask to see the Center's Leader who will show you around, introduce you to other members, and go over center activities offered. For more information on our Senior Programs, classes, and events, call Recreation Supervisor, Marian Marji at 377-6444, Monday through Friday from 9 am to 4 pm.

SENIOR GROUP #2

Grinton I. Will Library

Senator Flynn Room

1500 Central Pk. Ave.

Phone: 337-1500 press 1 then 348

Monday-Friday 12:30 - 4:30 pm

This site is in a small room which allows for a coffee hour, card playing and bingo.

SENIOR GROUP #3

Coyne Park Community Center

777 McLean Ave.

Phone: 377-6472

Monday-Friday 12:00 - 4:00 pm

This is a multi-room site which allows for many different activities: billiards, bingo, sing-along, sewing and crafts, card playing, movies, exercise, yoga, line dancing, shuffleboard, bocce, intergenerational program, and a coffee hour. This center does have a trip committee as well as many parties.

SENIOR GROUP #4

Charles Cola Community Center

945 N. Broadway

Phone: 377-6483

Mon., Wed., Fri., 12:30 - 4:30 pm

This site offers arts and crafts, bridge, bingo, card playing, drawing, woodcarving, and many parties.

SENIOR GROUP #5

Rauso Post at 178 Waverly St.

Phone: 377-6474

Tuesday 11:00 - 3:00 pm

This site has bingo and card playing as well as many in house parties.

SENIOR GROUP #6

Bryn Mawr Church Hall

20 Buckingham Rd.

Phone: 377-6478

Mon. and Wed. 12:30 - 4:30 pm

This site has bingo and card playing, and many in house parties.

SENIOR GROUP #7

St. Mark's Hall

1373 Nepperhan Ave.

Phone: 377-6479

Tues. and Fri. 11:30 - 4:30 pm

This site has bingo, card playing, watercolor painting classes, and many in house parties.

SENIOR GROUP #8

Runyon House

21 Runyon Ave.

Phone: 969-2733

Wednesday 10:30 - 4:30 pm

This site plays cards, tripoly, exercise, bingo, and great parties.

SENIOR GROUP #9

Terrace City Lodge #1499

95 N. Broadway

Phone: 969-9752

Wednesday 11:00 - 3:00 pm

This site has bingo and lunch.

SENIOR GROUP #10

Bronx River Rd Community Center

680 Bronx River Rd.

Phone: 377-6486

Monday - Friday 11:30 - 3:30 pm

Closed Thursdays

This site offers bingo, card playing, exercise, arts and crafts, and parties.

*Lunch program available through Office for the Aging, call 377-6822.

SENIOR GROUP #12

Nodine Community Center

140 Fillmore St.

Phone: 377-6475

Monday - Friday 12:00 - 4:00 pm

This is a multi-room site which allows for many different activities:

billiards, bingo, card playing, tai chi, exercise, yoga, line dancing, bocce, AARP courses, and a coffee hour.

SENIOR GROUP #14

North East Jewish Center Hall

11 Salisbury Rd.

Phone: 377-6491

Thursday 12:30 - 4:30 pm

This site plays mahjong and has great monthly meetings. They also enjoy going to luncheons.

SENIOR GROUP #15

Nepperhan Community Center

342 Warburton Ave.

Phone: 965-0203

Tues. and Thurs. 12:30 - 4:30 pm

This site plays pokeno and tripoly, has exercise and crafts. * Lunch program through Office for the Aging, call 377-6822.

SENIOR GROUP #16

Our Lady of Fatima Church Hall

963 Scarsdale Rd.

Phone: 377-6492

Mon. & Tues. 12:00 - 4:00 pm

This site is in a small room with a coffee hour, card playing, and bingo.

Senior Citizen Recreation

MONDAYS

Line Dancing 12:30 - 1:45 pm, starts March 2
1st Monday of the Month
Charles A. Cola Community Center
945 North Broadway

Line Dancing 12:30 - 1:45 pm, starts March 9
2nd, 3rd & 4th Mondays of the Month & 1st Tuesday of the Month
Coyne Park Community Center, 777 McLean Avenue

Silver Stars Walking & Exercise 11:00 - 12:00 pm,
starts April 6
Tibbetts Brook Park - Meet in Gazebo closest to the entrance
parking lot. The program combines walking, exercise and
socializing for an hour. Walk at your own pace with the group
and make some new friends!

TUESDAYS

Exercise 1:00 - 2:00 pm, starts February 10
Nepperhan Community Center, 342 Warburton Ave.

Yoga 1:00 - 2:00 pm, starts February 17
Nodine Hill Community Center, 140 Fillmore St.

Senior Buddies - Intergenerational Fun! 11 - 12 pm
Coyne Park Community Center, 777 McLean Avenue
Recreation with School 21 children. Ends June 16

Sing A-long 2:30 - 3:30 pm - Year Round
Coyne Park Center, 777 McLean Avenue

Woodcarving 11:00 - 2:00 pm, Year Round
Charles A. Cola Community Center (Room facing Park)



WEDNESDAYS

Drawing & Sketching / Art Exploration, starts February 4
12 - 2 pm, Cola Center, 945 North Broadway

Exercise 12 - 1 pm, starts February 11
Runyon House, 21 Runyon Ave.

Tai Chi 11 - 12 pm, starts February 18
Nodine Hill Community Center, 140 Fillmore St.

Exercise 12:30 - 1:30 pm, starts February 25
Coyne Community Center, 777 McLean Ave.

THURSDAYS

Drawing & Sketching / Art Exploration starts February 5
1:30 - 3:00 pm
Coyne Community Center, 777 McLean Ave.

Yoga 12:00-1:00 pm, starts February 19
Coyne Community Center, 777 McLean Ave.

FRIDAYS

Exercise 1:00 - 2:00 pm, starts February 6
BRR Community Center, 680 Bronx River Rd.

Watercolor Painting 12:00 - 2:00 pm, starts February 27
St. Mark's Episcopal Church Hall, 1373 Nepperhan Ave.

Exercise 12:30 - 1:30 pm, starts February 27
Coyne Community Center, 777 McLean Avenue

Line Dancing 12:45 - 2:00 pm, starts March 6
Nodine Community Center, 140 Fillmore St.

Busy Hands-Crochet & Knitting 12:00 - 4:00 pm
Year Round
Coyne Community Center, 777 McLean Avenue

Coyne Park Dancers 1:30 - Year Round
Coyne Center, 777 McLean Ave. Some dance
experience is needed for this intermediate group.



Senior Citizen Recreation



Bingo is held at the various senior centers and open year round to Yonkers Residents 60 years and older. Sites with an asterisk* may play at an alternate time the first week of the month due to Senior Center Monthly Meetings.

Mondays

- * Senior Center 16, Our Lady of Fatima Church Hall, 963 Scarsdale Road, 12:00 pm 377-6492
- * Senior Center 3, Coyne Park Community Center, 777 McLean Avenue, 12:15 pm 377-6472
- * Senior Center 2, Will Library Senator Flynn Room, 1500 Central Pk Ave., 12:15 pm 337-1500
- Senior Center 4, Charles A. Cola Community Center, 945 North Broadway, 2:00 to 4:30 pm 377-6483

Tuesdays

- * Senior Center 7, St. Mark's Episcopal Church Hall, 1373 Nepperhan Avenue, 1:00 pm 377-6479
- * Senior Center 5, Rauso Post, 92 Waverly Street, 1:00 pm 377-6474
- Senior Center 10, Bronx River Road Community Center, 680 Bronx River Road 1:00 pm 377-6486

Wednesdays

- * Senior Center 9, Terrace City Lodge #1499, 95 North Broadway, 11:00 am 969-9752
- Senior Center 8, Runyon Community House, 21 Runyon Ave., 1:00 pm 969-2733
[once a month usually the 3rd Wednesday of the month]
- Senior Center 12, Nodine Center, 140 Fillmore Street, 12:00 pm Hotdogs, 1:00 pm Bingo 377-6475
- Senior Center 6, BrynMawr Church Hall, 20 Buckingham Road, 12:00 pm 377-6478
- Senior Center 10, Bronx River Road Community Center, 680 Bronx River Road, 1:00 pm 377-6486

Thursdays

- Senior Center 3, Coyne Park Community Center, 777 McLean Ave., 12:15 pm 377-6472
[once a month usually the 3rd Thursday of the Month is the Big Bingo Bonanza.]

Fridays

- Senior Center 2, Will Library Senator Flynn Room, 1500 Central Park Ave., 12:15 pm
- To call this senior center dial 337-1500 press #1 then extension 348.



Senior Citizen Recreation



Arts & Crafts

Enjoy a series of Arts and Crafts classes with Instructor Joanna Cardilli!

Participants will enjoy creating seasonal crafts projects for the home and personal use.

REGISTRATION: Phone in – call the location of the class and register your name with the Senior Leader. Space is limited. Registration is free and open to residents 60 years of age and older.

*We reserve the right to cancel any class due to lack of enrollment. Classes are not held on religious or federal holidays.

Enjoy classes at these seven locations; each session is five classes:

- **Location 1:** Charles A. Cola Center, 945 North Broadway
Mondays 1:30 - 3:30 pm – **March 16, 23, 30 April 6, 13**
- **Location 2:** Coyne Park Community Center, 777 McLean Avenue
Tuesdays 1:30 - 3:30 pm – **March 17, 24, 31 April 7, 14**
- **Location 3:** Runyon Heights Community Center, 21 Runyon Avenue
Wednesdays 1:30 - 3:30 pm – **March 18, 25, April 1, 8, 15**
- **Location 4:** Nepperhan Community Center, 342 Warburton Avenue
Thursdays 1:30 - 3:30 pm – **March 19, 26, April 9, 23, 30 (no class 4/2)**
- **Location 5:** Nodine Hill Community Center, 140 Fillmore Street
Fridays 1:30 - 3:30 pm – **March 20, 27 April 10, 17, 24 (no class on 4/3)**
- **Location 6:** Bryn Mawr Church Hall, 20 Buckingham Road
Mondays 1:30 - 3:30 pm – **April 20, 27 May 4, 11, 18**
- **Location 7:** Bronx River Road Community Center, 680 Bronx River Road
Wednesdays 1:30 - 3:30 pm – **April 22, 29 May 6, 13, 20**

Inclement weather? Call the City of Yonkers hotline at (914) 377-6454 one hour prior to scheduled class or center opening to confirm, if the class is being held.

For more information on Senior Recreational Programs, please call Marian Marji, Recreation Supervisor at (914) 377-6444



Coyne Park Rifle and Pistol Range

771 McLean Avenue
Yonkers, NY 10704
(914) 377-6488
www.coyneparkrange.net

The Coyne Park Range is a modern, state-of-the-art indoor shooting range conveniently located in southeast Yonkers. A public range welcoming to all recreational shooters and law enforcement personnel.

There are many reasons why more than 19 million Americans safely participate in the fun and challenging sport of target shooting. This is a sport that can vary from a leisurely hobby to competing in local and national leagues, or just competing with yourself. If you haven't yet taken the initial step, come join us, and see what you've been missing. Our range accommodates all handgun calibers, as well as .22 caliber rifles, and carbine rifles chambered for standard handgun ammunition (no magnum rounds permitted for any firearms at this time).

Business Hours: Mondays, Wednesdays, Thursdays: 5:00 - 10:00 pm
Friday: 10:00 - 10:00 pm
Saturdays & Sundays: 12:00 - 6:00 pm
Closed on Tuesdays

Residents and Non-Residents: \$20 per hour

Yearly memberships available, Residents \$275, Non-Residents \$300

Eye and Ear Protection: \$3 each

Rifle Rental: \$53 per person includes 100 rounds of ammunition, eye and ear protection, instruction, and one hour admission.



NRA First Steps

Our National Rifle Association (NRA) First Steps Pistol and Rifle courses are for people who own a firearm. They are by appointment only and typically involve one-on-one instruction.

Pistol Safety Course

Special Fee: \$125 for Residents and Non-Residents

If you complete this course you receive a discount on your Range membership: Only \$140 for Yonkers Residents, only \$150 for Non-Residents. You must visit the Range within 30 days after receiving your permit in order to receive the discount. This is a "one-time" offer. You will pay the regular Range membership fee when you renew.

Yonkers Animal Shelter

1000 Ridge Hill Boulevard
Yonkers, NY 10710
(914) 377-6730

Interested in adopting?

We are constantly in search of new homes for all of our wonderful pets, both cats and dogs.

These animals are asking for a chance to show you their affection and love. If you are interested in a pet, please consider meeting our beautiful animals. A staff member is available to discuss our adoptable animals with you. Potential adopters are required to fill out our pre-adoption form, which can be done at the shelter.

Hours of Operation

Monday thru Friday 11:00 am to 4:00 pm
Saturday and Sunday 12:00 pm to 4:00 pm
Adoption fees: Cats \$65.00 / Dogs \$80.00

Adoptions include:

Spaying and neutering
Distemper shot
De-worming
Rabies shot
Dog License
and a free examination with a participating veterinarian

